CHANJIVISION365

Your First 30 Days

A Vision-to-Action Starter Guide

Change Your Vision. Transform Your Future. Build Your Legacy.

Powered by 365VisionwithBettyD

Welcome

You don’t have to know where to start. You just have to be willing to start.

This guide gives you a simple 30-day plan to turn an idea, a goal or a dream into real movement. ChanjiVision365 means **Change Your Vision 365 Days a Year**. Big change comes from small steps you repeat every day.

How to use this guide

1. Read the path on the next page.
2. Choose the one goal you want to focus on for 30 days.
3. Follow the weekly checklist and tick off each step.
4. Fill in the worksheets honestly. Nobody else needs to see them.
5. At the end of 30 days, review what you did and choose your next 30.

Write your vision

In one or two sentences, describe what you want to build in the next year.

My one goal for the next 30 days:

The ChanjiVision365 Path

Every goal, from a first business to long-term wealth, follows the same path.

Stage	What it means
VISION	Get clear on what you want and why it matters to you.
EDUCATION	Learn what you need to know. Skills and knowledge are your first assets.
STRATEGY	Turn your vision into a realistic plan with costs, timelines and milestones.
ACTION	Take the next step this week. Small, steady actions beat perfect plans.
OWNERSHIP	Build things you own: skills, a business, savings, investments, property.
LEGACY	Protect what you build and pass knowledge and resources to the next generation.

Where are you today?

Circle the stage you are in right now: Vision / Education / Strategy / Action / Ownership / Legacy.

The stage you are in tells you where to put your energy first. If you are at Vision, focus on week 1. If you are already taking Action, start with week 3.

Your 30-Day Checklist

Week 1: Get clear (Vision and Education)

[ ]	Write your vision and your one 30-day goal.
[ ]	List why this goal matters to you and who it will help.
[ ]	Write down three skills or resources you already have.
[ ]	List the three biggest things you need to learn.
[ ]	Spend 20 minutes a day learning one of them (a book, video or course).

Week 2: Make a plan (Strategy)

[ ]	Break your goal into 5 to 7 steps, in order.
[ ]	Estimate your costs, time and the help you need.
[ ]	Check what licenses, registrations or credentials your path may require. Rules vary by location, so confirm with official sources.
[ ]	Set one milestone for each of the next 4 weeks.
[ ]	Tell one supportive person about your plan.

Your 30-Day Checklist, continued

Week 3: Take action (Action)

[ ]	Complete the first step of your plan.
[ ]	Talk to 5 people who are doing what you want to do, or who would use what you offer.
[ ]	Do one thing each day, even if it is only 15 minutes.
[ ]	Track what you spent and what you earned or saved.
[ ]	Adjust your plan based on what you learn.

Week 4: Build and review (Ownership and Legacy)

[ ]	Start something you will own: a savings habit, a business page, a portfolio or a product.
[ ]	Set up a simple way to track money every week.
[ ]	Review your 30 days: what worked, what didn’t, what surprised you.
[ ]	Choose your next 30-day goal.
[ ]	Write down one thing you want to teach or pass on to someone else.

Worksheet: Monthly Budget

Fill in your monthly numbers. The goal is to see where your money goes and decide where you want it to go.

Income	Amount
Paycheck(s)	
Side income or business	
Other	
Total income	

Needs	Amount
Housing	
Utilities and phone	
Food and groceries	
Transportation	
Insurance	
Minimum debt payments	
Total needs	

Wants and saving	Amount
Eating out and fun	
Subscriptions	
Savings and emergency fund	
Business or goal fund	
Total wants and saving	

Tip: pay yourself first. Move even 5 percent into savings the day you are paid, and increase it over time.

Worksheet: Savings Goal

Choose one savings goal, such as a starter emergency fund (one month of essential expenses), a business startup fund or a debt payoff.

Question	Your answer
What am I saving for?	
How much do I need? (A)	
How much do I have now? (B)	
Amount left (A minus B)	
Months I will give myself (C)	
Save per month (amount left divided by C)	

Idea starters for your 30-day goal

Business: talk to 10 potential customers and get one paying customer or pre-order.
Career: choose a target role and read 10 job postings for it.
Money: track every dollar for 30 days and set up one automatic transfer to savings.
Investing: learn the basics (funds, risk, fees) and check whether your employer offers a retirement plan.
Legacy: list what you want your family to know about money and start one conversation.

What’s Next

Thank you for starting. You’ve already done the hardest part.

Keep building with ChanjiVision365

The ChanjiVision365 app: build your personalized roadmap, use the savings, growth and break-even calculators, and learn the basics.
Books by Betty D: *Chanji: The Power of Change* and *RE-INTRODUCED: Still Becoming*, available on Amazon.
Join the list for weekly tips and early access to new tools.

Disclaimer

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